



Meeting Minutes

Self-Insured Healthcare Trust Board

Wednesday, December 13, 2017

2:00 PM

Goodyear City Hall, Room 117
190 N. Litchfield Rd.
Goodyear, AZ 85338

1. **CALL TO ORDER**

Chairman Balsan called the meeting to order at 2:00 p.m.

2. **ROLL CALL**

Present: 5 - Chairman Balsan, Vice Chairman Foster, Secretary Preyer-Bonton, Boardmember Newcomer and Boardmember Sandstrom

Staff Present: Human Resources Director Lyman Locket, Total Compensation Administrator Jeanni Ruddy and Finance Manager Jared Askelson

Others Present: Cigna Strategic Account Executive Erica Emmons, Leavitt Group Benefits Service of Arizona Managing Principal Rick Shuckerow and Cigna Underwriting Director for Arizona Brad Anderson

3. **APPROVE MINUTES**

- 3.1 [MINUTES](#) Approve draft minutes from the Self-Insured Healthcare Trust Board meeting held on August 24, 2017.
[93-2017](#)

MOTION BY Chairman Balsan, SECONDED BY Vice Chairman Foster, to APPROVE draft minutes from the Self-Insured Healthcare Trust Board meeting held on August 24, 2017. The motion carried by the following vote:

Ayes: 5 - Chairman Balsan, Vice Chairman Foster, Secretary Preyer-Bonton, Boardmember Newcomer and Boardmember Sandstrom

4. **CITIZENS COMMENTS/ APPEARANCES FROM THE FLOOR**

5. **OLD BUSINESS**

- 5.1 Self-Insured Healthcare Benefit Trust Agreement Review

Human Resources Director Lyman Locket identified that the board agreed to move forward for approval, but the legal review brought forward a few questions. Items in question are on page 3 (requiring wording clean up) and page 9, which delegated duties inappropriately. Changes will be

made before the document is moved to Council in January. Chairman Balsan agreed with the plan of action.

6. NEW BUSINESS

6.1 Self-Funding / ASO 101 ("Administrative Services Only")

Cigna Strategic Account Executive Erica Emmons explained the basics on how self-funding/administrative service only (ASO) works through Cigna. Cigna Underwriting Director for Arizona Brad Anderson added that providers have six months to one year to submit claims.

6.2 FY 16-17 Medical Plan Utilization Overview

Cigna Strategic Account Executive Erica Emmons provided the medical plan utilization overview information to the Board. Ms. Emmons explained the utilization review occurs annually. The data presented is a subset of a comprehensive meeting with the city. Ms. Emmons highlighted medical, prescription and spend plan trend as key indicators to be aware of.

6.3 CIGNA 50/50 Dividend

Cigna Strategic Account Executive Erica Emmons provided the dividend report to Chairman Balsan as requested.

6.4 Claims Experience Overview

Cigna Strategic Account Executive Erica Emmons reviewed the Healthcare Detail Experience Report and the High Claims Report for the time period of July 2017 through Nov 2017.

6.5 Proposed Pharmacy Plan Enhancement

Cigna Strategic Account Executive Erica Emmons reviewed Cigna 90, which allows 90-day refills at a select number of pharmacies at greater discount than what would be found in the rest of the network. Enrollment is voluntary, and there is no cost. The plan is geared toward maintenance medications. Currently, 90-day refills are only available through the Cigna mail-order service; this program expands and enhances the pharmacy benefit.

6.6 Financial Overview

Finance Manager Jared Askelson provided an explanation of the financial overview. In the future, medical and dental will be broken out. Mr. Askelson explained the difference in the data presented by Cigna Strategic Account Executive Erica Emmons and his office is timing due to lags in the system.

7. INFORMATION ITEMS

The next meeting is set for March 7, 2018 at 2:00 p.m. During the March meeting, the Board will review claims data through January 2018.

8. ADJOURNMENT

There being no further business to discuss, Chairman Balsan adjourned the meeting at 3:29 p.m.

Respectfully Submitted by:

Lyman Locket, Human Resources Director

Michael Balsan, Chairman

Date: _____